

# Chapter 18: States & Societies of Sub-Saharan Africa

## Student Notes

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### **Bantu**

1. How did Bantu migrations affect the peoples they encountered?
2. How did banana cultivation help the Bantus?
3. Where is Swahili? Describe the culture and language of those who lived there.
4. What was the greatest Swahili city-state? What made it so powerful?
5. Politics among the Bantu were based on \_\_\_\_\_. Describe their political system.

### **Indigenous Religions**

6. Describe indigenous African religions.

### **Trans-Saharan Trade and the peoples of Sub-Saharan Africa**

7. Why were the Muslims especially effective at trans-Saharan trade?
8. At first, the Muslims traded with what empire?
9. When that empire fell, who replaced it?
10. How did the pilgrimage of Mansa Musa change the lands he traveled through and Mali?
11. How did trans-Saharan trade affect the slave trade?
12. How did the women of West Africa improve their influence within the patriarchal societies in which they lived?